## Key facts - Valproate and Pregnancy

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- Valproate is an effective medicine used to treat epilepsy.
  Valproate can seriously harm an unborn child when taken during pregnancy and should be not taken by women unless nothing else works.
- When taking valproate always use reliable contraception so you do not have an unplanned pregnancy.
  - ▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See www.sfda.gov.sa for how to report side effects.

## What you must do

- Speak to your doctor if you are thinking about having a baby, and do not stop using contraception until you have done so.
- Tell your doctor at once if you think you may be pregnant or know you are pregnant.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.

Keep this card safe so you always know what to do.