

Post-Market Evaluation for the Safety and Effectiveness of Transvaginal Mesh for the Treatment of Pelvic Organ Prolapse (POP)



# BACKGROUND

The safety and effectiveness of surgical mesh for transvaginal repair of pelvic organ prolapse have been questioned recently by numerous international regulatory offices and specialized societies, due to the accumulated risks revealed by medical devices reports and recently published studies [1]. Upon that, these products were stopped from distribution in the US [2], Australia [3], Canada [4], and the UK [56][57].

In this review, the safety and effectiveness of polypropylene transvaginal mesh products whose sole use is the treatment of pelvic organ prolapse (POP) via transvaginal route will be evaluated, with the purpose of deriving current-evidence recommendations to better regulate these products for protecting the patients safety.

# **CLINICAL BURDEN**

## Pelvic Organ Prolapse (POP)

The organs of the women pelvis (uterus, bladder, and rectum) are supported by muscles, known as the pelvic floor, as shown in figure 1A, which depicts the normal pelvic anatomy. Pelvic organ prolapse is a condition that happens when the muscles are weakened and no longer hold the pelvis organs in their normal places, which result in drops (prolapse) of these organs into the vagina [5].

There are different types of prolapse, which are classified in reference to which organ is dropping (bulging). Cystocele, or anterior wall prolapse, occurs a bladder drops from its normal position, as illustrated in figure 1B, while rectocele –posterior wall prolapse- refers to the drop of the rectum, figure 1C. Another prolapse type refers to the drop of the uterus into the vagina, which is known as uterine prolapse or procidentia, figure 1D. Also, it is common that more than one organ at the same time [5].



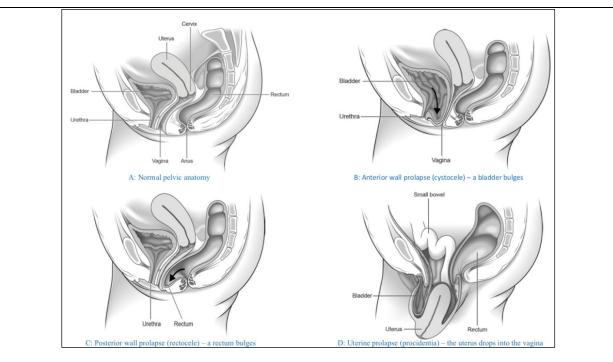


FIGURE 1: TYPES OF PELVIC ORGAN PROLAPSE, IN REFERENCE TO WHICH ORGAN IS PROLAPSING. A: THE NORMAL POSITION OF THE PELVIC ORGANS, B: CYSTOCELE, OR ANTERIOR WALL PROLAPSE, C: RECTOCELE, POSTERIOR WALL PROLAPSE, AND D: UTERINE PROLAPSE OR PROCIDENTIA [5]. Pelvic organ prolapse is a common medical condition in women, with a prevalence rate of 41-50% of women, as reported in the US FDA report [1]. Patient age and obesity are major risk factors, which were reported to be associated with increased risk [6], beside other factors, such as, previous vaginal delivery, sexual activity, family history, and ethnicity [6].

## **Treatment options for POP**

Pelvic organ prolapse can be treated in multiple ways, depending on the stage and type of the prolapse beside the patient characteristics. Treatment can be done either surgically or non-surgically. Non-surgical options involve using pessary -a plastic device that fits into the vagina to support the pelvic organs-, physiotherapy –special training to strengthen the pelvic muscles-, or by a medication –oestrogen therapy [6]. On the other hand, surgical options can be performed transabdominally –known as sacrocolpopexy-, or transvaginally, where both options aim to surgically correct the prolapsed organ [6].

Transvaginal surgical repair is used commonly to correct the anterior wall prolapse – figure 1B, which will be the focus of this review. Transvaginal repair can be done through two ways; either by using tissue and suture alone in a procedure known as anterior colporrhaphy -



native tissue repair-, or through using surgical mesh, i.e. polypropylene, to augment the prolapsed organ [1] [5] [6]. Polypropylene mesh is a thin sheet of material, which can be in a non-configured form or a pre-configured form with legs to aid fixing the mesh into the desired area, as shown in figure 2. [1] [6]. The mesh can either be used alone, or with a mesh kits that facilitate the insertion and placement of the mesh.

# **RISKS AND COMPLICATIONS**

Medical devices reports provide real world evidence that aid in guiding the attention to the device risks. The US FDA declared that in the period of 2008-2018, there were a total of 11,274 MDRs, all relate to surgical mesh placed transvaginally in the anterior compartment to treat POP [1]. These reports included 77 report of deaths, and around 10,000 serious injuries [1]. Table 1 demonstrate the most five patient problems reported to the US FDA database.

S	Patient problem	count		
	Pain	3717		
2	Erosion/Exposure	3509		
3	Infection	1794		
4	Injury	1701		
5	Incontinence	814		



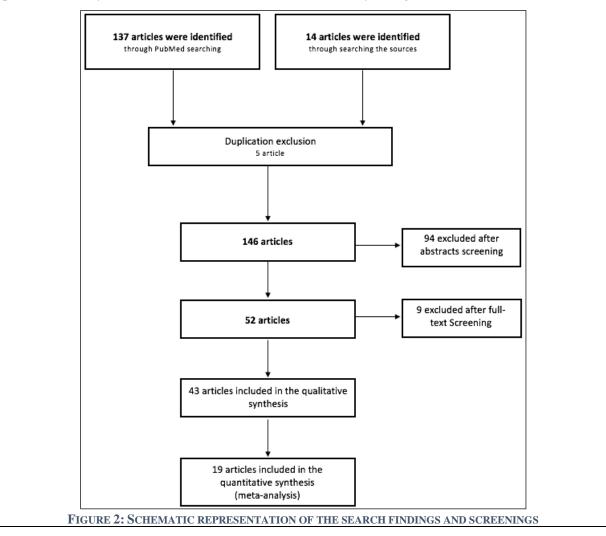
# **EVALUATION OUTCOMES**

The safety and effectiveness of transvaginal mesh for the treatment of POP were evaluated considering two directions: a review of the recently published papers in the topic, and the feedbacks of Saudi related society and experts.

# Part 1: Clinical paper review

### 1.1 An overview of the search criteria

A systematic review and meta-analysis were conducted to compare the safety and effectiveness of transvaginal mesh and the alternative treatment option, native tissue repair. Using a defined inclusion criteria, a total of 151 articles were obtained and screened, which resulted in 43 articles for the quantitative analysis, and 19 articles (RCTs) for the meta-analysis, figure 2.





### 1.2 Results of calculating the mesh exposure weighted average

- A total of 41 articles (25 RCTs and 16 prospective and retrospective studies) were considered to calculate the weighted average of polypropylene mesh exposure. The total cases belong to 4896 patients, who were followed for at least 12 months.
- The weighted average of polypropylene mesh exposure was found to be **9.5%** (465/4896), with an interval of **2.4-42%** and a median of 9%, as illustrated in table 2.
- Mesh exposure was analyzed alone as only transvaginal repair by mesh is encounter of this risk, whereas women undergoing colporrhaphy have no risk of mesh exposure.

TABLE 2: QUANTITATIVE ANALYSIS OF WEIGHTED AVERAGE RATE OF TRANSVAGINAL MESH EXPOSURE, AS REVEALED BY 42 CLINICAL STUDIES FOR THE TREATMENT OF PELVIC ORGAN PROLAPSE (POP). THE ANALYSIS WAS BASED ON THE REPORTED RESULTS OF 25 RCTS AND 17 OTHER STUDY DESIGNS, FOR A TOTAL OF 4896 PATIENTS, WHO WERE FOLLOWED FOR A MINIMUM OF 12 MONTHS

Ref	Study Design	Year	Number of patients	Follow-up period (M)	Exposure rate (%)
[18]	RCT	2011	61	12	4%
[19]	RCT	2009	69	12	5.6%
[20]	Prospective	2017	289	12	10.5%
[21]	RCT	2012	85	12	20.8%
[22]	RCT	2014	79	12	13.3%
[23]	Retrospective	2017	100	12	3%
[15]	RCT	2010	16	12	35.7%
[17]	RCT	2013	40	12	5%
[24]	RCT	2008	45	12	6.9%
[25]	RCT	2008	37	12	5%
[26]	Registry-based	2014	726	12	12%
[27]	RCT	2011	200	12	3.2%
[28]	Prospective	2017	76	12	6.6%
[29]	RCT	2014	52	12	7.7%
[30]	RCT	2012	95	12	16.9%
[31]	RCT	2013	75	12	9.5%
[32]	Prospective	2015	99	12	6.5%
[33]	Retrospective	2017	741	13	6.3%



[25]	DCT	2014		24	13%
[35]	RCT	2011	66	24	14%
[36]	RCT	2012	21	24	5%
[37]	RCT	2016	43	24	13.5%
[38]	RCT	2015	45	24	16.4%
[39]	Retrospective	2016	126	24	2.4%
40]	RCT	2014	33	24	6%
41]	RCT	2011	55	24	9%
13]	RCT	2016	58	24	3.4%
42]	Retrospective	2016	92	24	5.4%
43]	Prospective	2015	158	>24	15.8%
44]	Prospective	2014	84	36	12%
45]	Prospective	2017	289	36	2.6%
[46]	RCT	2016	70	36	14.7%
[47]	RCT	2010	105	36	19%
[48]	RCT	2013	33	36	15.6%
49]	RCT	2011	68	36	4.4%
50]	Prospective	2012	124	36	12.4%
51]	RCT	2019	93	36	8%
52]	Retrospective	2016	148	37	2.7%
[14]	Prospective	2013	82	60	16%
53]	Prospective	2017	75	64	12%
[12]	RCT	2018	58	84	42%
We	ighted average rate	of mesh exposure	l e (Interval: 2.4-42%	, with a median of 99	%) 9.5% (465/4896
					<u> </u>



### 1.3 Results of comparing the risk of De novo dyspareunia when using TVM vs NTR

- Data of 15 RCTs were included in this analysis, which represent 854 patients in the mesh group, in contrast to 867 patients in the NTR group.
- Figure 3 shows the forest plot with the statistical analysis between the two groups.
- Pooled risk ratio (RR) is 1.44 in favor to NTR group (95% CI, 1.11-1.85), which clearly indicates that the mesh group is 44% more likely to cause de novo dyspareunia relative to the NTR group.

	Mesh g	roup	NTR gi	oup		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Carey M	12	69	11	70	13.0%	1.11 [0.52, 2.34]	_ <b>_</b>
Damiani GR	9	58	3	59	3.5%	3.05 [0.87, 10.71]	
de Tayrac R	17	75	5	72	6.1%	3.26 [1.27, 8.38]	
Dias MM	2	43	5	43	6.0%	0.40 [0.08, 1.95]	
Dos Reis Brandão	3	94	6	90	7.3%	0.48 [0.12, 1.86]	
Halaska M	7	85	3	83	3.6%	2.28 [0.61, 8.51]	
Lamblin G	1	33	1	35	1.2%	1.06 [0.07, 16.27]	
Madhuvrata P	11	32	9	34	10.4%	1.30 [0.62, 2.71]	- <b>+-</b>
Milani AL	12	58	12	69	13.1%	1.19 [0.58, 2.44]	_ <b>-</b>
Nguyen JN	3	37	6	38	7.1%	0.51 [0.14, 1.90]	
Shveiky D	3	33	1	32	1.2%	2.91 [0.32, 26.53]	
Sivaslioglu AA	2	45	0	45	0.6%	5.00 [0.25, 101.31]	
Svabik K	2	36	1	34	1.2%	1.89 [0.18, 19.89]	
Vollebregt A	26	61	12	64	14.0%	2.27 [1.26, 4.09]	_ <b>_</b> _
Withagen MI	8	95	10	99	11.7%	0.83 [0.34, 2.02]	
Total (95% CI)		854		867	100.0%	1.44 [1.11, 1.85]	◆
Total events	118		85				
Heterogeneity: $Chi^2 =$	17.91, df	= 14 (	P = 0.21	$();  ^2 = 2$	22%		
Test for overall effect:							0.01 0.1 1 10 100 Favours mesh Favours NTR

FIGURE 3: FOREST PLOT FOR THE RISK RATIO IN DEVELOPING DE NOVO DYSPAREUNIA FOR THE MESH GROUP IN RELATIVE TO THE NTR GROUP. THE RESULTS SUGGEST THAT MESH GROUP IS 44% MORE LIKELY TO CAUSE DE NOVO DYSPAREUNIA RELATIVE TO THE NTR GROUP. THE RESULT IS STATISTICALLY SIGNIFICANT (P=0.006) AND HETEROGENEITY IS LOW (22%)

## 1.4 Results of comparing the risk of De SUI when using TVM vs NTR

- Data of 10 RCTs were included in this analysis, which represent 728 patients in the mesh group, in contrast to 725 patients in the NTR group.
- Figure 4 shows the forest plot with the statistical analysis between the two groups.
- Pooled risk ratio (RR) is 1.43 in favor to NTR group (95% CI, 1.10-1.87), which clearly indicates that the mesh group is 43% more likely to cause de novo SUI relative to the NTR group.



	Mesh g	roup	NTR gr	oup		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Altman D	25	200	12	189	15.8%	1.97 [1.02, 3.81]	
Damiani GR	9	58	5	59	6.4%	1.83 [0.65, 5.14]	
de Tayrac R	9	75	8	72	10.5%	1.08 [0.44, 2.65]	_ <b>_</b>
Dias MM	0	43	б	43	8.3%	0.08 [0.00, 1.32]	
Halaska M	30	85	21	83	27.3%	1.39 [0.87, 2.23]	+ <b>-</b> -
Milani AL	11	58	8	69	9.4%	1.64 [0.71, 3.79]	_ <b>_</b>
Shveiky D	4	33	2	32	2.6%	1.94 [0.38, 9.86]	
Sivaslioglu AA	0	45	3	45	4.5%	0.14 [0.01, 2.69]	
Svabik K	13	36	3	34	4.0%	4.09 [1.28, 13.12]	<b></b>
Withagen MI	10	95	9	99	11.3%	1.16 [0.49, 2.72]	
Total (95% CI)		728		725	100.0%	1.43 [1.10, 1.87]	•
Total events	111		77				
Heterogeneity: $Chi^2 =$	11.53, df	= 9 (P	= 0.24);	$1^2 = 22$	2%		0.005 0.1 1 10 200
Test for overall effect:	Z = 2.64	(P = 0.	008)				0.005 0.1 1 10 200 Favours mesh Favours NRT

FIGURE 4: FOREST PLOT FOR THE RISK RATIO IN DEVELOPING DE NOVO SUI FOR THE MESH GROUP IN RELATIVE TO THE NTR GROUP. THE RESULTS SUGGEST THAT MESH GROUP IS 43% MORE LIKELY TO CAUSE DE NOVO SUI RELATIVE TO THE NTR GROUP. THE RESULT IS STATISTICALLY SIGNIFICANT (P=0.008) AND HETEROGENEITY IS LOW (22%)

### 1.5 Results of the effectiveness of TVM vs NTR considering the prolapse recurrence

- Data of 10 RCTs were included in this analysis, which represent 740 patients in the mesh group, in contrast to 735 patients in the NTR group. Note: Prolapse recurrence of all types were included in this analysis.
- Figure 5 shows the forest plot with the statistical analysis between the two groups.
- The result is not significant (p=0.36), and heterogeneity is very high (86%) between the results of the included studies, which suggest that the result is not reliable, and cannot for sure be interpreted. Yet, the pooled result suggest that mesh group demonstrated an enhancement of 8% in reducing the risk of prolapse recurrence relative to the NTR group.

	Mesh g	roup	NTR gr	oup		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% CI
Carey M	0	69	0	70		Not estimable	
Dahlgren E	42	68	36	64	20.4%	1.10 [0.83, 1.46]	+
Damiani GR	9	58	1	59	0.5%	9.16 [1.20, 69.98]	
de Tayrac R	23	75	38	72	21.3%	0.58 [0.39, 0.87]	
Dos Reis Brandão	2	94	3	90	1.7%	0.64 [0.11, 3.73]	
Halaska M	14	85	33	83	18.3%	0.41 [0.24, 0.72]	
Milani AL	15	58	11	69	5.5%	1.62 [0.81, 3.25]	+
Nieminen K	14	105	40	97	22.8%	0.32 [0.19, 0.56]	
Shveiky D	4	33	0	32	0.3%	8.74 [0.49, 155.96]	
Withagen MI	45	95	17	99	9.1%	2.76 [1.70, 4.47]	
Total (95% CI)		740		735	100.0%	0.92 [0.78, 1.10]	•
Total events	168		179				
Heterogeneity. $Chi^2 =$	58.81, df	f = 8 (P	< 0.000	01); l <sup>2</sup> -	= 86%		0.005 0.1 1 10 200
Test for overall effect:	Z = 0.91	(P = 0.	36)				Favours mesh Favours NTR

#### FIGURE 5: FOREST PLOT FOR THE RISK RATIO IN THE INCIDENT OF THE PROLAPSE RECURRENCE AFTER SURGERY FOR THE MESH GROUP IN RELATIVE TO THE NTR GROUP. THE RESULT IS NOT SIGNIFICANT (P=0.36), AND HETEROGENEITY IS VERY HIGH (86%), WHICH SUGGEST THAT THE RESULT IS NOT RELIABLE, AND

CANNOT FOR SURE BE INTERPRETED. HOWEVER, MESH GROUP DEMONSTRATED AN ENHANCEMENT OF 8% IN REDUCING THE INCIDENTS OF PROLAPSE RECURRENCE.

### 1.6 Results of the effectiveness of TVM vs NTR considering the need for reoperation

- Data of 6 RCTs were included, which represent 590 patients in the mesh group, in contrast to 565 patients in the NTR group. Note: Surgery reoperation of all types were included in this analysis.
- Figure 6 shows the forest plot with the statistical analysis between the two groups.
- The result is not significant (p=0.15), and heterogeneity is moderate (58%) between the results of the included studies, which suggest that the result is moderately reliable, and cannot for sure be interpreted. Yet, mesh group is 34% more likely to require reoperation relative to NTR group.

	Mesh g	roup	NTR gr	oup		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Altman D	6	200	0	189	1.3%	12.29 [0.70, 216.65]	· · · · · · · · · · · · · · · · · · ·
de Tayrac R	8	75	10	72	26.6%	0.77 [0.32, 1.84]	<b>_</b> _
Dos Reis Brandão	7	94	3	90	8.0%	2.23 [0.60, 8.37]	
Maher CF	12	55	3	53	8.0%	3.85 [1.15, 12.90]	<b>.</b>
Nieminen K	12	105	17	97	46.0%	0.65 [0.33, 1.29]	
Vollebregt A	7	61	4	64	10.2%	1.84 [0.57, 5.96]	
Total (95% CI)		590		565	100.0%	1.34 [0.90, 1.99]	◆
Total events	52		37				
Heterogeneity. Chi <sup>2</sup> =	11.89, df	= 5 (P	= 0.04);	$1^2 = 58$	3%		0.005 0.1 1 10 200
Test for overall effect:	Z = 1.45	(P = 0.	15)				Favours mesh Favours NTR

FIGURE 6: FOREST PLOT FOR THE RISK RATIO IN THE NEED FOR REOPERATION AFTER THE FIRST SURGERY FOR THE MESH GROUP IN RELATIVE TO THE NTR GROUP. THE RESULT IS NOT SIGNIFICANT (P=0.15), AND HETEROGENEITY IS MODERATE (58%), WHICH SUGGEST THAT THE RESULT IS LESS RELIABLE. HOWEVER, NTR GROUP DEMONSTRATED AN ENHANCEMENT OF 34%% IN REDUCING THE NEED FOR A SECOND

#### **OPERATION RELATIVE TO MESH GROUP.**

### **1.7 Overall results**

The overall results are summarized in table 3, which shows that the risks of using synthesis polypropylene mesh for the treatment of POP outweigh the benefits.

TABLE 3: A COMPARISON BETWEEN MESH AND NATIVE TISSUE REPAIR OUTCOMES FOR THE TREATMENT OF PELVIC ORGAN PROLAPSE

	Outcome	Transvaginal mesh	Native tissue repair
	Mesh exposure	9.5%	Not a risk factor
safety	De novo dyspareunia	Higher (44%), S	Lower
	De novo SUI	Higher (43%), S	Lower
Effec	Recurrence	No clear results	No clear results
Effectiveness	Reoperation	No clear results	No clear results
			,



# Part 2: Saudi user experience

### 2.1 The opinion of the Saudi Urological Association

In the 2<sup>nd</sup> of February, 2020, the SFDA team conducted a consultation meeting with the Saudi Urological Association (SUA), represented by Dr. Badr N. Almosaieed, to discuss the safety of transvaginal mesh for POP. Following the discussion, SUA officially submitted its position regarding the case, which indicate that these products carry risks that outweigh the benefits, and due to the availability of other safer treatment options, the society recommend suspending these products from the Saudi market, for the sake of the patients safety.

### 2.2 Device related incidents as provided by some Saudi users

Experts from the Saudi Voiding Dysfunction Group-Saudi Urological Association, beside other Saudi consultants, were asked to submit an evaluation assessment to clarify if they experienced any incidents with patients who were treated for POP using polypropylene mesh products. A number of 23 responses were received, with a reporting of 20 serious mesh-related incidents, which correspond to 9 mesh erosion cases, 9 dyspareunia cases, and 2 cases of organ perforation.

## Part 3: Overall conclusion

Considering the results of the published papers, the recommendation of the Saudi Urological Association, and the incidents reported by the Saudi users, the overall evaluation suggests that the risk of using polypropylene mesh for the transvaginal repair of POP is outweighing the benefits.

## **SFDA ACTIONS**

Considering the results of the post-market evaluation of the safety and effectiveness of transvaginal mesh for the treatment of POP, the following actions were taken by SFDA:

- 1- Suspending the marketing authorization of surgical mesh products whose sole use is the treatment of pelvic organ prolapse (POP) through transvaginal implantation.
- 2- Stop authorizing new surgical mesh products whose sole use is the treatment of pelvic organ prolapse (POP) through transvaginal implantation.
- 3- Request a label change for synthetic surgical mesh devices indicated for the treatment of POP to include the warning: *Do not use transvaginally*.



4- Review the technical file and the product instructions for use (IFU) of some polypropylene products that are used for other purposes, i.e. the treatment of hernia, to ensure that the products are not indicated for the treatment of POP through transvaginal implantation, otherwise, the products are to be treated as indicated in recommendation number 3.

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For further information or inquiries related to this study, you may contact us at: cia.md@sfda.gov.sa

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