

Health requirements that must be observed daily before starting to perform the profession



Daily washing , especially before the start of work, preferably immediately after the completion of work, be washed with water, soap and shampoo.



Clean hair , daily shampooing.



Change underwear daily with clean ones.



Change outer clothing in the changing room attached to the workplace.



Dental and oral hygiene care .



Trim long nails and take care of their hygiene .



Rings, watches and ornaments are not worn in the workplace but must be placed in the changing premises until work is completed.

Disclaimer: The English version is a translation of the original in Arabic for information purposes only. In case of a discrepancy, the Arabic original will prevail.