

IDACIO[®] adalimumab

Patient reminder card

This card outlines the important safety information that you need to be aware of prior to and throughout treatment with IDACIO[®]

Idacio[®]

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Any suspected adverse reactions should be reported immediately.

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This card contains select important safety information that you need to know before and during treatment with IDACIO®

- Keep this card with you at all times and for 70 days after your last injection of IDACIO®
- Show this card to any doctor or healthcare professional that you see
- Record information about any tuberculosis tests or treatment you have had on the back of this card

Introduction

IDACIO® is a medicine that is intended to treat certain diseases that affect a part of the immune system. While IDACIO® can be effective in treating these diseases, some people can have one or more side effects. It is important to talk to your doctor about the possible benefits and possible side effects of taking IDACIO®. These can be different for each person.

- The purpose of this card is to tell you about some of the possible side effects of IDACIO®
- Some of the serious side effects that could occur include infections, cancer, and nervous system problems
- These are not all of the possible side effects of IDACIO®

Before IDACIO® treatment

Tell your doctor about any health problems you have and any medicines you take. This will help you and your doctor decide if IDACIO® is right for you.

Tell your doctor if you:

- Have an infection or have symptoms of an infection (such as fever, wounds, feeling tired, dental problems)
- Have any heart condition

- Have tuberculosis or have been in close contact with someone with tuberculosis
- Have or have had cancer
- Have any numbness or tingling or have a problem that affects your nervous system, such as multiple sclerosis

Your doctor should check you for signs and symptoms of tuberculosis before starting IDACIO®. You may need to be treated for tuberculosis before you start IDACIO®.

Vaccinations

- You may receive vaccinations except for live vaccines
- If you receive IDACIO® while you are pregnant, it is important that you inform your baby's doctor before your baby receives any vaccine. Your baby should not receive a 'live vaccine', such as BCG (used to prevent tuberculosis) within 5 months following your last IDACIO® injection during pregnancy

During IDACIO® treatment

To make sure that IDACIO® is working properly and safely for you, you should check in with your doctor regularly to discuss how you are doing. Tell your doctor right away about any changes in your condition.

Keep your doctor informed about how IDACIO® is working for you

- It is important to call your doctor right away about any unusual symptoms you may have

This will help ensure you get the right care. It will also lower the chance of a side effect becoming worse

- Many side effects, including infections, can be managed if you tell your doctor right away
- If you get a side effect, your doctor will decide if you should continue or stop your IDACIO® treatment. It is important to talk with your doctor to find out what is right for you

- Since side effects can happen after your last dose of IDACIO®, tell your doctor about any problems that you may have had up to 70 days after your last injection of IDACIO®
- Babies born to mothers who received IDACIO® during pregnancy should not receive any live vaccinations up until 5 months after the last dose of IDACIO® was given to the mother

Tell your doctor about:

- Any new medical conditions that you have
- New medicines you are taking
- Any surgery or operation that you have planned

Some people taking IDACIO® may get serious side effects, including:

Infections

- IDACIO® helps people with certain inflammatory diseases. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means IDACIO® can make you more likely to get infections or make any infection that you may have worse. This includes infections such as colds or more serious infections like tuberculosis

Side effects (cont.)

Cancer

- If you take IDACIO® , the risk of getting certain types of cancer may increase

Nervous system problems

- Some people have developed new or worsening nervous system problems with IDACIO® . This includes multiple sclerosis

Heart failure

Please read the IDACIO® package leaflet for more information. These are not all of the possible side effects that may occur during treatment with IDACIO®

Call your doctor or get medical care right away if you have any of the following symptoms of these possible serious side effects:

Infections associated symptoms

- Fever, chills, unusual sweating, feeling unwell or more tired than normal, feeling or being sick (such as nausea or vomiting), diarrhea, stomach pain, loss of appetite or weight loss, cough or coughing up blood or mucus, shortness of breath, problems urinating, skin sores, wounds, muscle aches, dental problems

Cancer associated symptoms

- Night sweats, swelling of the lymph nodes (swollen glands) in the neck, armpits, groin or other areas, weight loss, new skin lesions or change in skin lesions (such as moles or freckles) you already have, severe itchiness that cannot be explained

Nervous system problems associated symptoms

- Numbness or tingling, vision changes, muscle weakness, unexplained dizziness

Tell your doctor about any unusual symptoms that you may have during treatment with IDACIO® . These are not all of the possible symptoms of these side effects.

Information for you and healthcare professionals involved in your medical care or treatment

Tuberculosis (TB) tests and treatment

Mark this box if you have ever been tested for TB:

YES (Check with your doctor if you do not know)

Mark this box if you have ever had any test that was positive for TB:

YES (Check with your doctor if you do not know)

Mark this box if you have ever taken any pills to treat or prevent TB:

YES (Check with your doctor if you do not know)

Please read the IDACIO® package leaflet for more information. If you have any other questions, talk to your doctor or another healthcare professional.

Your name: _____

Doctor's name (who prescribed IDACIO®):

Doctor's phone number: _____

Indication: _____

Date of your first IDACIO® injection: _____

IDACIO® injection batch number: _____

Dose of your IDACIO® injection: _____

Date of your last IDACIO® injection (if no longer taking IDACIO®) _____

Please fill out information for you and healthcare professionals involved in your medical care or treatment.

Notes (comments or questions for your doctor)

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