

## Contraception

Do you currently use or take contraceptives?

Yes

No

If Yes, write the names of these here:

.....  
.....

Take this card to your doctor or your gynaecologist at your next visit and he/she will be able to advise you on whether you need to use additional or alternative contraceptive methods.

## Important Safety Alerts for Patients taking Pertensio (bosentan)

This card contains important information about Pertensio.  
Please read this card carefully before starting your treatment with Pertensio.

**Your name:** .....

**Prescribing doctor:** .....

If you have questions about Pertensio ask your doctor.

**Reporting of side effects:** If you get any side effects, talk to your doctor or your pharmacist. This includes any possible side effects not listed in the package leaflet. You can also report side effects to the National Pharmacovigilance and Drug Safety Centre (NPC),

**Call NPC at 19999**

**E-mail:** [npc.drug@sfd.gov.sa](mailto:npc.drug@sfd.gov.sa).

By reporting side effects, you can help provide more information on the safety of this medicine.

## If you are a woman of child bearing age read this page carefully.

### Pregnancy

Pertensio may harm the development of the foetus. Therefore, you must not take Pertensio if you are pregnant and you must also not become pregnant while taking Pertensio.

Moreover, if you are suffering from pulmonary hypertension disease, the occurrence of a pregnancy can severely deteriorate the symptoms of your disease. If you suspect you may be pregnant, tell your doctor or gynaecologist.

### Contraception

Birth control based on hormones - such as oral contraceptives or birth control pills, hormone injections, implants, or birth control skin patches do not reliably prevent pregnancy in women who are taking Pertensio . You need to use a barrier form of birth control - like a condom, diaphragm or vaginal sponge - in addition to any of these kinds of hormonal birth control. Be sure – to discuss any questions you may have with your doctor or your gynecologist - complete the details on the back of this card and take it to your doctor or gynaecologist at your next visit.

You should have a pregnancy test before initiation of Pertensio and every month during the treatment even if you think that you are not pregnant.

### Date of first monthly test:

.....

## Blood Test for Liver Function

Some patients taking Pertensio were found to have abnormal liver function tests. During treatment with Pertensio , your doctor will arrange for regular blood tests to check for changes in your liver function.

Remember to have your liver blood test every month  
After an increase in dose, an additional test will be done after 2 weeks.

### Date of first monthly test:

.....

<input type="checkbox"/> Jan .....	<input type="checkbox"/> May .....	<input type="checkbox"/> Sep .....
<input type="checkbox"/> Feb .....	<input type="checkbox"/> Jun .....	<input type="checkbox"/> Oct .....
<input type="checkbox"/> Mar .....	<input type="checkbox"/> Jul .....	<input type="checkbox"/> Nov .....
<input type="checkbox"/> Apr .....	<input type="checkbox"/> Aug .....	<input type="checkbox"/> Dec .....