

Patient Reminder Card for Ruatine[®] (Isotretinoin)

You have been given this card because you have been prescribed Ruatine[®] (Isotretinoin) and you need to know the possible side effects.

Please read this card and the patient information leaflet thoroughly before starting your treatment with Ruatine[®] (Isotretinoin) to ensure that you understand the range of side effects associated with taking isotretinoin.

Please refer to the Patient Information Leaflet (PIL) for Ruatine[®] (Isotretinoin) for more information.

Pregnancy risks

- **YOU MUST NOT** take Isotretinoin during pregnancy or if you are planning to get pregnant.
- Exposure to Isotretinoin can seriously harm an unborn baby.
- **You must avoid becoming pregnant in the month before starting isotretinoin treatment, while taking isotretinoin, and for 1 month after stopping treatment.**
- **If you may be able to get pregnant, you must use effective contraception during this time. Talk to your prescriber to make sure you are using the right kind of contraception.**
- If you miss your period, become pregnant, or think you might be pregnant, stop taking isotretinoin immediately, contact your dermatologist, and seek medical advice. This applies during isotretinoin treatment and for 1 month after stopping.
- If there is any chance you could get pregnant, you must have regular pregnancy testing as instructed by your dermatologist. For further information, refer to SPC or PIL .

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Important Reminders for Patients

- **DO NOT** share this medicine with anybody. Any Ruatine® soft capsules unused after the end of treatment or by the expiry date must be returned in their original packaging to the place of supply (physician or pharmacist) for proper disposal.
- **You MUST** attend clinic appointments during treatment for regular monitoring and care.
- **Mental health:** Talk to your dermatologist about your treatment or if you have any concerns.
- You should stop taking Ruatine® (Isotretinoin) and contact your dermatologist for further advice if you have serious concerns about your mental health or thoughts of harming yourself or other serious side effects.
- **You must NOT** donate blood during treatment with Ruatine® (Isotretinoin) and for 1 month after stopping.

If you have any questions or concerns about taking Ruatine® (Isotretinoin), talk to your dermatologist.

Call For Reporting:

Any suspected adverse reactions should be reported immediately to MS Pharma Saudi or to the National Pharmacovigilance and Drug Safety Centre.

- **Pharmacovigilance department at MS Pharma:**
 - Email: pharmacovigilance@mspharma.com
 - Website: www.mspharma.com
 - Phone No: + 966112790122 Ext. 6013
- **The National Pharmacovigilance Center (NPC): (Saudi food and drug authority)**
 - Email: npc.drug@sfd.gov.sa
 - Call Center: 19999
 - Website: <https://ade.sfda.gov.sa/>
 - QR Code:

