

# HOW TO USE TRESIBA® FLEXPEN® FOR HEALTH CARE PROFESSIONAL



Tresiba® FlexPen® is a single-patient-use disposable insulin pen.

## Ask your patient to:

### 1. PREPARE HIS/HER PEN



Make sure you have the following items:

- Tresiba® FlexPen®
- NovoFine® disposable needles\*
- Alcohol swab
- Sharps disposal container

**Do not share your Tresiba® FlexPen® with other people, even if the needle has been changed. You may give others a serious infection or get a serious infection.**

- Wash your hands with soap and water.
- Read the label to check that you have the right insulin.
- Pull off the pen cap.
- Make sure the insulin is clear and colorless.
- Wipe the rubber stopper with an alcohol swab.

### 2. ATTACH A NEW NEEDLE



- Pull off the protective tab from the needle.
- Screw the needle tightly onto your FlexPen®.
- Make sure the needle is straight.
- Always use a new needle for each injection.
- Never place a needle on your pen until you are ready to give your injection.



- Pull off the big outer needle cap.
- Pull off the inner needle cap and throw it away.

### 3. PRIME HIS/HER PEN



- Before each injection, prime your pen by performing an airshot.
- Turn the dose selector to select **2 units**.
- Holding your pen with the needle pointing up, tap the cartridge gently with your finger a few times to make any air bubbles collect at the top of the cartridge.
- Press and hold the green push button.
- Make sure a drop of insulin appears at the needle tip.

### 4. SELECT HIS/HER DOSE



- Turn the dose selector to the number of units you need to inject.
- The dose can be corrected up or down by turning the selector in either direction until the correct dose lines up with the pointer.
- When turning the dose selector, be careful not to press the push-button, as insulin will come out.

### 5. TAKE HIS/HER INJECTION



- Tresiba® can be injected into your abdomen or stomach area, or thighs.
- Change (rotate) your injection site with each injection.
- If you choose to inject in the same area, always use a different spot in that area.
- Wipe the injection site with an alcohol swab and let dry.
- Insert the needle into your skin.
- Inject the dose by pressing the push-button all the way in until the 0 lines up with the pointer.



- Keep the needle in the skin for at least 6 seconds and keep the push-button pressed all the way in until the needle has been pulled out.

### 6. REMOVE THE NEEDLE



- **Do not recap the needle.**
- Carefully remove the needle and place it in a sharps container.
- Replace the pen cap on the Tresiba® FlexPen® store the pen without the needle attached.

If you have any comment on the materials and to report any side effect(s), please contact the National Pharmacovigilance Centre (NPC):

- **SFDA call center:** 19999
- **E-mail:** npc.drug@sFDA.gov.sa
- **Website:** <https://ade.sFDA.gov.sa/>

Novo Nordisk Saudi Arabia Contacts:

To report any side effect(s) or for more medical information, please contact us:

E-mail: [nngulfsafety@novonordisk.com](mailto:nngulfsafety@novonordisk.com)

Website: <http://www.novonordisk.com.sa>

For more information about the product, dose, how to use, precautions, contraindications and side effects, please check the last approved summary of product characteristics in KSA on Saudi Drugs Information system (SDI) website. (<https://sdi.sFDA.gov.sa/>)

