

EXELON® PATCH

Rivastigmine Transdermal System

PATIENT DIARY/PATIENT REMINDER CARD

(Consisting of Instructions for Use and Medication Record)

Information is essential to ensure the safe and effective use of Exelon Patch

This document is approved by The Executive
Directorate of Pharmacovigilance, at SFDA

Exelon® (Rivastigmine) SFDA approved
RMP Educational Materials V 6.3 Aug 2025

INSTRUCTION FOR USE OF EXELON® PATCH (Rivastigmine Transdermal System)^{1,2}

- These instruction for Use and Medication Record Sheet are essential to ensure the safe and effective use of Exelon Patch.
- If you have any questions or require more information, please read the package information leaflet that came with medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Important to Remember

- Take off the previous patch before putting **one** new patch on.
- Only **one** patch per day.
- Do not cut the patch into pieces.
- Press the patch firmly in place for at least 30 seconds using the palm of the hand.

How to apply

1. Carefully remove the existing patch before putting on **one** new patch.
2. Remove the new patch from the sachet.
3. Peel one side of the protective liner off the patch.
4. Stick the patch on the upper or lower back, upper arm, or chest and peel off protective liner.
5. Press the patch firmly in place for at least 30 seconds.



Where to apply

- Take off the previous patch before putting **one** new patch on.
- Apply **one** new patch in one of the following zones every day.
- You can use the same zone (**A** or **B** or **C** or **D** or **E** or **F** or **G** or **H**) but do not use the same exact spot within the same zone.

Front:



Back:



References: 1. Exelon Patch (rivastigmine transdermal system)
Patient Leaflet 2. Exelon Patch (rivastigmine)
Prescribing Information

MEDICATION RECORD SHEET FOR EXELON® PATCH (Rivastigmine Transdermal System)¹

How to use this record sheet

- Use this record sheet to keep track of when you apply and take off an Exelon Patch.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch
- Fill the letter of the application zone where you have applied the new patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine
- If you are not sure about anything, please ask your doctor or pharmacist.

Application zones

Front:



Back:



- Apply **one** new patch in **one** of the zones to the left every day.
- You can use the same zone (**A or B or C or D or E or F or G or H**) but do not use the same exact spot within the same zone.

References: 1. Exelon Patch (rivastigmine) Prescribing Information.

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Patient Information Leaflet



You can report any problem or adverse events or request additional copies of the materials through:

Patient Safety Department Novartis Pharma AG - Saudi Arabia -

Toll Free Number: 8001240078

Phone: +966112658100

Fax: +966112658107

Email: adverse.events@novartis.com

Or by online: <https://report.novartis.com/>

Saudi Food and Drug Authority National Pharmacovigilance Center

Unified Contact Center: 19999

Email: npc.drug@sfd.a.gov.sa

Or by online: <https://ade.sfd.a.gov.sa>



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شركة نوفارتيس - السعودية - قسم سلامة المرضى:

الرقم المجاني: 8001240078

الهاتف: ٠٠٩٦٦١١٢٦٥٨١٠٠

الفاكس: ٠٠٩٦٦١١٢٦٥٨١٠٧

البريد الإلكتروني: adverse.events@novartis.com

أو عن طريق الإنترنت: <https://www.report.novartis.com/ar>

الهيئة العامة للغذاء والدواء - المركز الوطني للتبليغ الدوائي:

مركز الاتصال الموحد: 19999

البريد الإلكتروني: npc.drug@sfd.a.gov.sa

أو عن طريق الإنترنت: <https://ade.sfd.a.gov.sa/>